



# THE SANITARY SISTERS

JOIN OUR FIGHT AGAINST PERIOD POVERTY!

## OUR FOCUS

Our main focus for this project is that we aim to help girls in our community by providing them with free period products. We will do this by placing Aunt Flow dispensers in the girl's bathrooms full of period products. This project will focus on young girls around the ages of 10 to 18. This is because these ages are most common for girls to start their period. Periods don't give you a warning and they could start at any time. This age group often doesn't have **necessary** products like tampons and pads on hand or **can't afford** monthly products. A lot of girls find it hard to ask for help on a topic that has a bad **stigma** around it, which makes it seem "embarrassing" or that it should be "hidden". The impact that we want to have after we are finished with the project is that we want our dispenser to be refilled with period products after we leave Westside Middle School Academy, eventually install multiple dispensers, and inspire other students to start the same movement in their schools.

## GLOBAL GOALS:

### 1: No Poverty:

We will be providing free period products in the bathroom since some people can not afford/access them.

### 3: Good Health And Well - Being:

Hygienic and period products are needed for the health of people and women since periods might happen with suddenness or people can't afford the products that are needed for their periods and health.

### 5: Gender Equality:

We are bringing women closer to being equal by making people aware of a huge problem and giving them the necessary products to stay hygienic.

## WHY WE CHOSE THIS TOPIC...

Girls **struggle** with buying menstrual products, since they are so expensive, women spend "approximately **\$1,773.33**" **per year** for these products. Many women who struggle with poverty cannot afford these products for basic hygiene. This is also a problem because teens don't know when they are getting their periods, so if they surprisingly experience their first period they might not have any hygienic products on hand. This is a common reason why female students are unable to attend school since they don't have access to these products.

## ROSES FUNDRAISER



## DISPENSER IN OUR SCHOOL



## PRESENTATION



## GLOBAL GOALS::



## FIND US:

IG: @thesanitarysisters  
Email: sanitarysisters@gmail.com  
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## Highlights

- Partnering with Aunt Flow
- Installed an Aunt Flow dispenser in the girl's bathroom filled with tampons and pads
- Bringing awareness to our school and informing our peers with presentations and activity
- Making a fundraiser in our school selling roses during Valentine's Day
- Posting facts about Period Poverty on Instagram
- We ended up raising around 200 more dollars than our original goal of \$450

## Setbacks

- wouldn't get responses through email for long periods of time
- preventing vandalism
- refilling the dispenser after we leave this school
- eventually getting more dispensers and spreading our project throughout the community.

# TIMELINE:

## DECEMBER:

- Contacting Aunt Flow
- Contacting Administration

## JANUARY:

- Planning for fundraiser
- Contacting Mr. Darragh on previous experience on fundraisers
- Meet with Aunt Flow

## FEBRUARY:

- Carrying out the fundraiser
- Planning for a future fundraiser

## MARCH:

- Meet with Aunt Flow
- Presentations on Period Poverty and our dispenser

## APRIL:

- Installing our dispenser
- Making announcements to our school
- Meeting with Aunt Flow

# IMPACTS:

- Making our school aware of this issue  
 Becoming a partner of Aunt Flow and bringing Aunt Flow to our community

- Brining the opportunity to teach girls about puberty who were previously not given the presentations due to online school

- Connecting with our peers and listening to the voices of the female students of our school

- Getting an Aunt Flow dispenser for the primary bathroom in our school

# GROUP MEMBERS



**Karen - Lead Writer and Spark Page Creator**



**Gabi - Co-Leader, Digital Logo Maker, Document Manager, and Social Media Manager**



**Makayla - Group leader, Communication Manager, Co-document Manager**



**Isabella - Co-writer and Annotated Bibliography Creator**

# OUR FEED:



# OUR SOCIALS:

