

The SSP

Hello, this is The SSP (School Shooting Preventions) and the leaders of this project are Rishi Sukhadia, Christopher Vivar, and Raphael Santos. We were worried about the school shooting in Sandy Hook and during that time in the news, we saw many articles of school shootings. As many know, December 14, 2012, Sandy Hook was in lock down because of a shooter that was in the school. 28 students and teachers died because of this tragedy. Our project is based on school shootings and mental health, the Global Goal we are using is 16: Peace, Justice, and Strong Institutions.

We have chosen kids from our middle school to talk about mental health because most kids start to get depressed or anxious at this age. It is better to help kids learn about mental health during this age since that is the most leading cause of school shootings. Our group has had a lot of help from our classmates, Josh Russel who helped with the emails and setting up the seminars. Faith Seibert who helped with pictures, Instagram, and the essay. Cassidy Hammel who also helped with the pictures and the Instagram. We also got help from our teacher and counselor. Our teacher, Mr. Neuhausel has helped us with the planning and the start up of our project. Our counselor, Mr. Darragh helped us get in contact with the presenters from Western Connecticut University as partners.

Some of the best highlights were the seminars and the way the students interacted with this because it showed that they cared and were passionate about learning about mental health. The seminars were also very successful and the students seemed to really appreciate it. Mr. Darragh's students from Western Connecticut University were the ones who did the seminars and presented it to the students, it turned out to be a huge success. The seminars were on multiple days and the students were able to pick from depression and anxiety and they gained a lot of knowledge from it and enjoyed it. . On some days a whole class came to learn about mental health issues and on other days there were at least 8 students. They were able to interact and participate with the activity. We had many large groups and they were able to stay there and help the students if needed. We gave out donations that were given to us by Mr. Darragh. They were given out to the students by making raffle tickets and picking them from a bag. Once the students showed us their ticket they picked between a pop-it or a stress ball. Most of them chose the stress ball because they were able to play with them to help them

We had many successes in our project but, one failure we had was that we had started late on the project. In our class we had some setbacks and I think that was the biggest factor in this project. We started later than the other groups in our school. While we still were brainstorming our ideas, the rest of the class was already working on executing their projects. The group leaders are very happy with the work that we have done in a short amount of time and this is all thanks to the help that we have got from our team. The whole team was able to get to work right away and we were able to put in many hours to get to the place that we are in right now.. This project might not be as good as the others, but this project was able to help many students in our school. I would like to end this by saying thank you to the whole team, the students, and the teachers. We should be very proud of ourselves because of how much we have accomplished.



February 2022

During this month we had started our ideas because of a little setback in our class

March 2022

In March we had our final idea and was trying to put everything together



April 2022

In April we would have started the final step of our project which was getting all the seminars ready and finishing the project.

The Team

Rishi



Chris



Raphael



"I feel like some strengths about this project was that the presenters had their presentations well fit for their topic, and was able to bring activities that could help us with anxiety. Also, the learning part of anxiety was also very good because I know some of my friends and relatives have it too, so this would impact on them as well."

Josh



Faith



Cassidy



"I really like this project because it really helped me learn about depression and helped with my depression. This project was very well done because the presenters were able to interact with the students and were able to talk about it from a student standpoint."