

## **DIGITAL SUBMISSION – TEAM FUTURETASTIC**



Team members : **Sruthi, Smirithi, Santhosh, Sivapriya, Nikitha, Aaryan**

SDG's chosen : *Zero hunger, Good Health and well-being, Clean water and sanitation, Sustainable cities and communities, Responsible consumption and production, Affordable and clean energy, Climate action, Life below water and Life on land*

We TEAM FUTURETASTIC strongly believe that the support and unity of the youth can change this world into a better and a sustainable planet. We are a group of 6 who's aims are to bring awareness and take action for the better.

Due to unavoidable circumstances of the COVID19 pandemic we were not able to complete some of the events and ideas we had in mind. Despite of this, we were right on time to cover our main activities.

We tied up with an organization called TAKSRA which successfully turned a community of 80 families into a total eco- zone. This is their website link- <https://www.thebetterindia.com/187060/chennai-street-sustainable-homes-green-award-tamil-nadu-govt/>. But due to the COVID lockdown as mentioned before, our plans of placing a compost pit for the plant waste in the back of our school ground, having a garden, beautifying and further recycling had to unfortunately be cancelled.

### **ORIENTATION**

We visited and held an orientation for 80+ students and a few teachers with the help of Mrs. Pranavathi from Panai Herbals at Guntur Subbiah Higher Secondary School for girls. In the orientation, we taught the students lively (in front of them) how to make healthy, reasonably low-priced and organic products which they can use in their daily life. We also talked to them & gave a few tips on how they could sell their products in their neighborhood so that they can support and make a profit with their families for a sustainable living.

### **MEAL SCHEME**

We started off with providing breakfast for 8 underprivileged kids who couldn't have a proper meal to start off their day with as some of them didn't have parents or their family members were unemployed. After this initiative, other people joined in to feed these children and now

the number of kids having a meal has extended to 20+. We did this by tying up with a charitable trust which helps to pay for their long-term meals as this project was meant to be SUSTAINABLE. Now these children can have a healthy breakfast to start their school academics with on a long-term basis.

## YOUTUBE CHANNEL

We uploaded many videos on YouTube that have a motive of spreading awareness regarding health and well-being of one self. Our videos are about organic, healthy, eco-friendly products, traditional food recipes and other beneficial skincare/healthcare tips.

<https://www.youtube.com/channel/UC4B5ZsVJnC-oaf9fHcQb7FQ> - link to our YouTube channel (Team Futuretastic)

As the world is facing the COVID pandemic... we thought that it is more important to focus on the current situation, as that's what people are in need of right now. So, we brought awareness and gave a few tips about handling this Coronavirus situation smartly. This video can be viewed on our YouTube channel. This video shows how you can keep yourself safe and healthy by keeping your surroundings purified and maintaining / boosting your immunity. The content in our video can be followed easily by anyone using materials that you can easily find at home itself. The videos we post are constantly being shared to our family, friends and other people we know. Most are implementing them into their daily life. The videos help our viewers realize that natural and organic products are more beneficial for the body and the environment. All the scientific information and content conveyed in this video are coming from doctors in different medical healthcare platforms in India, Malaysia, etc.

<https://www.youtube.com/watch?v=-lzcflKXveQ> - link to our covid-19 video

## LEARNING OUTCOME

Throughout this journey we've developed teamwork skills, time-management skills, communication skills and have learnt about nature's true value. We also learnt about natural products which are alternatives to the ones that have chemicals and is not safe for the body and environment. On top of all, we learnt how to keep continuing with our work no matter what the circumstances are- we learnt SUSTAINABILITY.

Just like last year, this project has been equally educative, fun, inspiring and full of developing important skills that are essential for the future. We tried to implement and create awareness as much as we could during this period of time.

Like always... We love our team and ofcourse, our memorable GSL journeys. 😊

