



Groundbreakers Indonesia

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Aim

We aspire to leave no one behind in taking actions to make the world a better place to live in. Moreover, we hope to show the society that the marginalized group of people that we are cooperating with are capable to do actions that can positively impact the world as well as ensuring that they are physically and mentally well cared for.

Problem

It came to our attention that the society around us often underestimates the ability of those who are differently-abled and orphans. They are stereotypically seen as the group of people that cannot contribute to the society enough and generally excluded from being in the community itself. We were determined to show the community around us that this stereotype is not true also they are able to take small actions that can help to impact the society.

SDGs Covered



Achieved by: conducting active games, teaching basic care of our bodies and presentations about the most common diseases in Indonesia.



Achieved by: conducting lessons about good health and well-being as well as climate action.



Achieved by: presentations on why the Earth is in danger and how we can act on it as well as doing projects which implements 3Rs

Implementation

We partnered with an orphanage, called Yayasan Budhi Asih, and an organization that provides jobs for differently-abled people, called Griya Karya Harapanku. A schedule for meetings were made, our team conduct activities in Griya Karya Harapanku every Fridays from 3 p.m. to 4 p.m. and in Budhi Asih every Sundays from 10 a.m. to 12 p.m.. It started from the 17th of November and the last meeting was the first week of May due to the current pandemic situation. In total, we spent 27 hours in conducting meetings with our partners. We conducted the meeting with total of 29 orphans and 9 people from Griya Karya Harapanku.

As we target on educating them about health and well-being as well as climate action, we needed to introduce the basics of the topic first to the participants. In the orphanage, we did this by doing presentation about a topic in the first hour and giving them a task to do in the next hour, such as creating posters or doing question and answer games. Moreover, after our team evaluated that the topics have been clearly understood by the participants, we assign them a project to do in the next meeting. Our big project that we have done so far is making trash bin out of plastic bottles.

We took a different approach for our participants in Griya Karya Harapanku as we need to ensure that all of them maintain focus and understand the topic well. We mostly did interactive games or explain topics using animation videos as we found it engages them more. Moreover, we discovered that using visuals to explain the topics works best in order for them to have a clearer picture in their head.



Highlights of Our Meetings



Outcomes and Impacts

- Approximately 50 hours were spent on conducting meetings, planning lessons, as well as building the partnerships.
- Delivered topics about good health and well-being as well as climate action accordingly to our lesson plans.
- Involved 38 participants for our project.
- Conduct valuable craft projects which deepens their understandings about climate action as well as act on it.
- Managed to build personal connection with our participants which helped us to understand more about their perspectives and improve our lesson plans so that they can relate more for better grasp.

Learnings

- Leadership skills – we were put in a position to lead this project come to life and ensuring that it is working towards our goal accordingly.
- Communication skills – it is gained and improved by conducting partnerships and communication between teams to ensure everyone is in the same page when the project is going on.
- Teamwork skills – having cooperation with each other by dividing jobs and coordinating with each member in conducting meetings.
- Public speaking skills – doing presentations enforced us to have confidence and speak clearly when explaining the rundown for the meeting or about the topics discussed.
- Time managements skills – dedicating 3 hours each week to have meetings with our partners enforce us to manage our time for the projects as well as school activities.
- Organization skills – conducting a project imposed us to assemble solid activities for our participants so that each meeting is valuable.
- Practical skills – being able to implement our knowledge about SDGs to be delivered to our participants to make them more aware. Along the way, we also learned a lot about the SDGs we focused on as we conducted projects related to the topic which gave us a broader perspective on why health and well being as well as climate action is necessary to be acted upon in this era.
- Community knowledge – the community that we live in is drastically different from those in orphans or Griya Karya Harapanku. That being said, every visits were eye-opening as we were able to pick up precious lessons from our experience, such as being grateful of the simple things in life.