

SPCHKSD-GSL



Say No to Over-consumption!

Aim of the Project

We believe that schools are often the miniature of society that good habits can be spread to our society with our students being committed to their identity as global citizens. We hope through this project, we can encourage students to think twice before using disposable items in the short-run. In the long run, we would like to inculcate Green awareness by having a better understanding of the serious issue of over-consumption of disposable items at school cafeterias.

On the other hand, we also hope students could keep the green living habit and serve as a role model to further promote responsible consumption in contemporary society. We believe that students, as future leaders, can take up the responsibility to foster a greener, cleaner, and more sustainable society.

Sustainable development Goals

Witnessing myriad aquatic lives being at stake because of our prevailing lifestyles, our group believes that such tragedies must be staunched. The key behind is to change the way we consume and produce, and that is the reason why we decided to address the 12th Global Goal, namely "Responsible Consumption and Production". We hope to start from the easiest things--tapering off the use of plastic utensils. This seems to be the tiniest leap and the most trivial stuff, but it means a lot to our planet Earth, especially when we can extend it to other parts of our everyday life. It is all on us, as we, being consumers, are the ones deciding if a product is lucrative and can ultimately influence the production plans of bigger firms. It is by no means a juggling act, and indubitably we can all start living such a responsible lifestyle from today.



**Responsible consumption refers to promotion of the efficient use of resources and energy*

Highlights

Results from Google Jamboard

Causes	"People are not used to bring reusable things with them all the time." "Cheaper than using alternatives."
Impact	"Run out of resources (Petroleum) to make plastic." "Killing the earth."
Should our school provide disposable utensils?	"Support but need to consider the hygiene of reusable utensils." "Not convenient and it causes less students to buy snacks." "Adding Transition period?"



Our events and highlights demonstrated in a Google Jamboard

Outcomes and Impacts

We are very glad to see many students have participated in the project through different methods, including the IG photo challenge, putting their opinions on the jamboard, and writing a few words about responsible consumption. In total, we've received 149 responses from the IG photo challenge, while around 150 students participated in the Google Jamboard. The results came from over 10 different classes from our school, with participants ranging from form 4~5. Although we are unable to have face-to-face contact during the suspension period, we believe that through various online programs, students can still have a brief understanding of the consumption issues. Especially during the

school suspension period, there are more chances for students to order take-aways, we hope students can hence keep the habit of avoiding disposable items at homes, and when we are back to school.

Knowledge Gained

This is a rewarding journey that we have learnt a lot. We knew that plastic is detrimental to our planet in disparate ways, but we have never conceived that the effects of it can be that devastating. For example, we are well aware of the fact that plastic can linger in the environment for hundreds of thousands of years, but we did not know that there are microplastics that can accumulate in the food chain, eventually poisoning ourselves. In other words, we directly suffer from what we do. There are also lots of valuable experiences. For instance, we learnt that there are always conflicts when we take actions as what we try to change inevitably harms the interests of the related parties and hence the ways to balance the conflicting views, such as by negotiating. Besides, we also learnt about the useful ways of management, such as the POLC framework and how to set up a S.M.A.R.T. goal, which motivated us and helped us revise our mistakes made. The project could soon end, but what we learnt is immortal. We will never obliterate any part of the journey and will endeavor to serve our community in the future.



Skills Gained



Through this fruitful journey, we also learnt how to engage our fellow schoolmates by using social media. We launched the project with interactive posts, pictures, and jamboard. What's a jamboard? The google jamboard is where students can 'stick' their digital memo onto a big online board so that everyone gets to share their opinions. We are delighted to see many interesting responses and that students are excited to participate. Furthermore, we designed a photo challenge for students to take photos on their recyclable utensils and describe how they are used

recently. With the teachers' help, the activity is successfully held. Through these online activities, we learnt that interacting with students using different media is always attractive. We'll carry on what we have learnt, continue our contribution in other campaigns, and serve our community.



IG photo challenge

