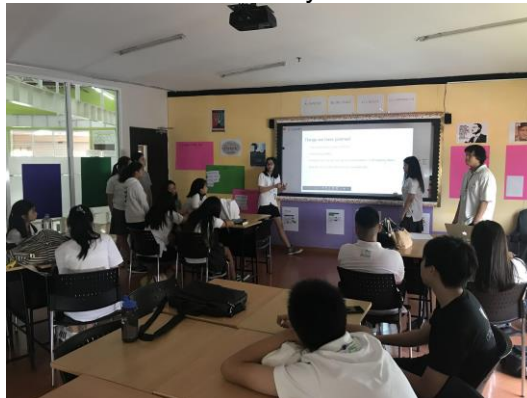


Share Care Love



The Share Care Love club was created in September of 2019 after our trip to Rangsit Elderly Home. We, the club presidents really enjoyed spending time with the elderly home members and wanted to visit more often. However, the school only arranged service trips every 4 - 5 months, which we thought was far too long to be able to create a more stable relationship with the elderly residents and have any sort of sustainable and long-lasting positive impact on them and ourselves. This prompted us to begin our own club with the aim to support and visit the elderly home more often, and to encourage other students to do the same. We wanted people to realize the importance of caring for elderly society and family members, and to collaborate and find ways to improve their lives in creative and new ways.



At first, we were going to return to the Rangsit Elderly home where the idea had begun. However, when we called them and asked if we could book a time slot for a small service activity they declined, saying that they were full on that day, but we could donate money and goods to them as the service activity instead. After some evaluation, we thought that the Rangsit Elderly home, as wonderful as the people were, was functioning and working quite well with a great many resources. They had many people visiting them, large houses and facilities, and lots of staff members. We decided to look for a home in which we could help in more meaningful ways.

During our first visit to the Nakhon Pratom Home, we made sure to bring fun activities to the elders. We started off with playing bingo, gave out presents, and we then painted flower pots and planted flowers and trees inside them. We believe that by doing this, we were able to bring them closer to nature since they are not allowed to go on trips and vacation into the mountains and beaches. The most memorable visit was probably our Christmas visit, we were able to bring joy and happiness to a small community of elderly people. We sang songs, served them a delicious meal, brought gifts for everyone and did the dishes. The act of giving back to the ones who helped build our country was a very heartwarming experience.



One of our actions for finding funds was to sell art to people in our school. We also decided to collaborate with the Cooking Club to hold a bake sale selling cookies and desserts, which was a huge success. We had raised over 14,000 baht, which would go towards the upcoming Christmas Elderly Home trip to pay the resident's lunch and for medical supplies. We felt that this activity was a wonderful collaborative project that got many students involved, and was a good experience for all of us.

Our plan for the GSL competition was to introduce sustainable living to the nearby Rangsit elderly home by helping them create a community kitchen garden and teaching them how to compost. If that had worked well, we would have done the same to the Nakhon Pratom home. We chose to do this task because we saw the small flower garden at the Nakhon Pratom homes, and remembered how much the elderly residents had loved the planting activity.

Our hopes were that we would be able to provide good health by growing organic and fresh vegetables and create fun hobbies for the elderly residents to have them connect more towards the outside community through the community kitchen garden. We initially were going to contact other clubs at our school that specialize in gardening such as the Grin Green and Planting People club to help us with this task. Sadly, due to the Covid-19 situation, we decided to postpone our project activities, as it would be safer to distance from the elderly members to reduce exposure to potential sicknesses.

Unfortunately, Share Care Love did not get to do all the projects that we had planned out. Though most of the club members and service team are really bummed out by that, we have decided to look on the bright side and make the most of our free time to reorganize the club structure, plan out new activities for the next trip, think of new fundraising ideas, and connecting online with other clubs. We look forward to returning to this project in the following school year, improving our club, and making a positive difference in the world.