

THE TECHBRAINIACS

Issue : Overusage of Technology

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SUSTAINABLE DEVELOPMENT GOALS

GOAL - 3

GOAL - 12

Aim : To educate
people about making
informed choices
while using
technology



Background :

Our daily lives revolve around technology and more to say its misuse . We got inspired by a video about a boy who had started a campaign, at his home town for spreading awareness, against gadget addiction which his parents were afflicted with and educating them about the consequences. This triggered a thought in our mind . We saw people forever using gadgets and that technology seemed to rule everyone's lives. During the orientation of our Primary Years Programme Exhibition orientation , We chose "OVERUSE OF TECHNOLOGY" as our exhibition and GSL project issue.

Research and Analysis :

We were quite intrigued by our initial observations and did a detailed and extensive reserach about the various aspects of overuse of technology through an acronym "MY SPEECH". We collaborated and shared our final thoughts.As a team we realised that there are several impacts of overuse and concluded our research by deciding to focus on two major issues 'Gadget addiction' and 'Genetically modified organisms'. While researching we came across many organisations all across the globe , that are quite involved in spreading awareness all around them in various ways and are proving to be impactful in their ecosystem. It was an entry point to our project.

OUR KEY LEARNING FROM THE PROJECT

Technology is Neutral
, It depends upon how
we use it .

Reflect and Act .

We were feeling confident and it was time for some action.

We were able to establish contact with NAVDANYA – and the office of Dr.VANDANA SHIVA who is a prominent GMO activist here in India and has been fighting against genetically modified seeds being popularized in India ,MONSANTO presence in India and has joined 740 other organisations in their fight against Genetically Modified Organisms.

We could establish contact with e-waste management companies like NAMO in Faridabad ,India who are involved in recycling e waste like computers, laptops mobile phones and also refurbishing them.

We could also talk to Alpha institute in Vadodra in Gujarat who do social media deaddiction and help people get over their addictive habits.

We decided to take action as a group and also individually.Spreading awareness in our neighbor hood was on the top of our mind.Also making an organic farm .We had got organic seeds from Navdanya ,which we sowed and watered in a small plot of land , demarcated and allotted to our group by our school. We still water it every day and it was very satisfying to see an organic farm grow in the backyard of the school.We hope that this small action of ours to grow organic crops and vegetables in our school would one day find its way to the canteen of our school and that our future students would benefit from this.

We spoke to shops selling fruits and vegetables and told them about hazards and risks of GMO agriculture and food.We also told them to surf the internet for further information on GMO. We contacted www.Myroadsafety.org an organisation involved in spreading awareness about road safety rules on the roads of Delhi.Ms.Sneha Makhijani the owner of this campaign India head injury foundation and Delhi police, was instrumental in guiding me through the process of spreading awareness about distracted driving amongst the drivers on the roads of Delhi NCR due to gadgets.

We conducted an awareness campaign in educating the drivers of my complex about risks and dangers of distracted driving. We also wrote a letter to the Prime Minister's office where in we added the point of distracted driving and how traffic rules could be modified to be more effective in curbing this menace and safeguarding the lives of road users in India.

Finally on the day of Primary Years Programme Exhibition, 12th April 2019, we presented our group work , in the form of 2 models, one each on gadget addiction and gmo, we made numerous posters with slogans emphasizing deaddiction and use of gmo free food. We shared our presentation with our school community , Parents and Students from other schools.

While gathering information from various organisations we realized that Technology overuse has impacted humans in both positive and negative ways .But the impacts on the environment have been leading to various other aspects of deforestation , pollution ,global warming , habitat destruction , climate change ,water pollution, soil pollution, nutrient loss. Heath hazards like eye sight damage, nomophobia, WRULD,Depression,Stress,Cancer ,endocrine disruption ,accelerated ageing, organ disorder etc. were an eye opener to me and we were aghast at the dangers and risks humanity is exposed to due to Technology dependency and advancement. We will continue our actions to focus on the SDG Goals and make this world a better place for everyone!!

**WE ARE GRATEFUL
TO ALL THE
PEOPLE AND
ORGANIZATIONS
WHO SUPPORTED
US IN THIS
BEAUTIFUL
JOURNEY !**

IMPACT OF LEARNING

We created a living relationship with our project and this was our success story

