



**GLOBAL  
SOCIAL  
LEADERS**

Richmond  
**Carers**  
Centre

# Young Carers

Global Social Leaders project.

# Our team.

- George Hamblin- Preparer
- Eve Winders- Contactor
- Max Ratcliffe- Organiser
- Jake Sanders- Finance
- Maria Van De Vegt- Leader



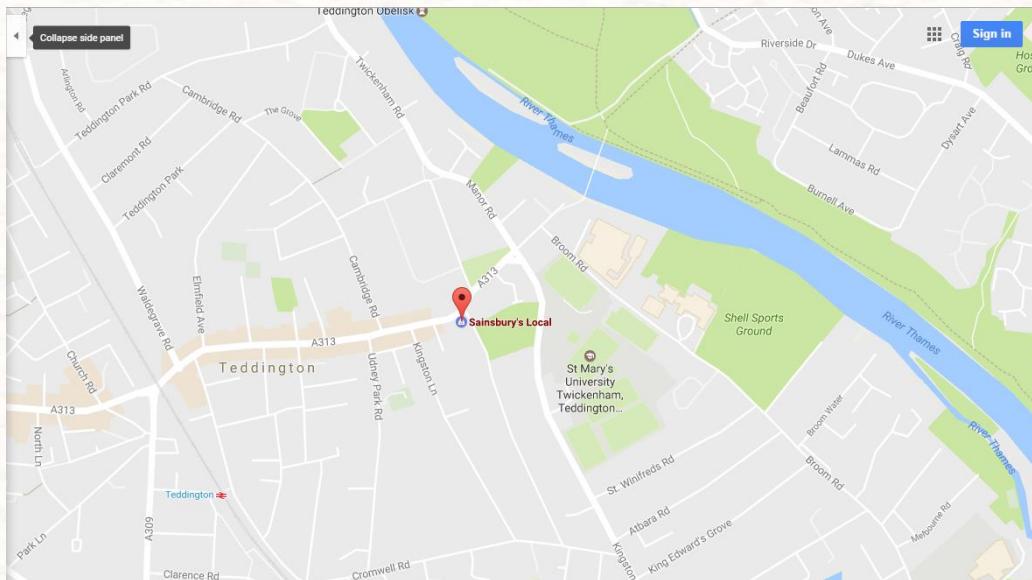
## Project aims

- Our aim is to allow young carers to have a day off and do things that seems perfectly normal for us. Every day young carers look after a loved one with no reward, so we want to help them have a bit more of a childhood.



# About our project

- For our project we have decided to help out young carers in our Richmond area. We chose this project because we wanted to help children less fortunate than ourselves. Also, we thought we would be able to help them more as they are a similar age group to us, whilst helping out the local community.



# Richmond carers centre

- Richmond carers centre is a local charity that provide support to unpaid adult and young carers. They offer free and confidential advice, information and support to any carer living in or caring for someone living in the London borough of Richmond upon Thames.
- Richmond carers centre helps all types of carers from the elderly to young carers from the age of 5. It has many programmes to help young carers within the Richmond area, such as a holiday activity programme.



## What are young carers?

A young carer is someone aged 18 or under who helps look after a relative who has a condition, such as a disability, illness, mental health condition, or drug or alcohol problem. Most young carers look after one of their parents or care for a brother or sister.

The logo consists of the words "YOUNG CARERS" in a bold, sans-serif font. The letters are large and filled with a vibrant, multi-colored gradient that shifts from pink to red, then to orange, yellow, green, and blue. The background behind the text is a light beige color with a subtle, faint watermark of a person's face.

# Statistics

- There are 50,000 children and young people looking after someone with mental health issues in the UK.
- Following a survey in 2010, the BBC estimated that there are **700,000** young carers in the UK. **68% of young carers are bullied in schools because of it. That's 1 in every class.**
- Only half of young carers have a particular person in school who recognises that they are a carer and helps them.
- Young carers responding to a survey missed or cut short many school days every year. The average was 48 school days missed or cut short because of their caring role.
- Many services are only funded to work with young carers up to the age of 18. In a survey, 79% of young carers said they were worried about moving on as they felt there was no support for them.

Video



# What we have done so far

We have held an assembly for year 7 and year 8 pupils, informing them about the role of young carers and about our project.



We have begun organising a 5-a side football tournament. It will be £2 per person to play, meaning we will get £10 from each team. Then, after the tournament has finished, there will be a small prize for the winning team.

We have also teamed up with the catering business at our school (Harrisons), to help raise money. We are selling raffle tickets at 50p and we will have prizes such as a cinema ticket for 2.

We have made posters for both our fundraisers, and put them up around the school, so the students know what we are planning.

# What we have learnt

- Valuable life and workplace skills.
- The importance of helping the community.
- Staying optimistic.
- The importance of organisation and timekeeping.
- What you can achieve with effective teamwork.
- The importance of working together.

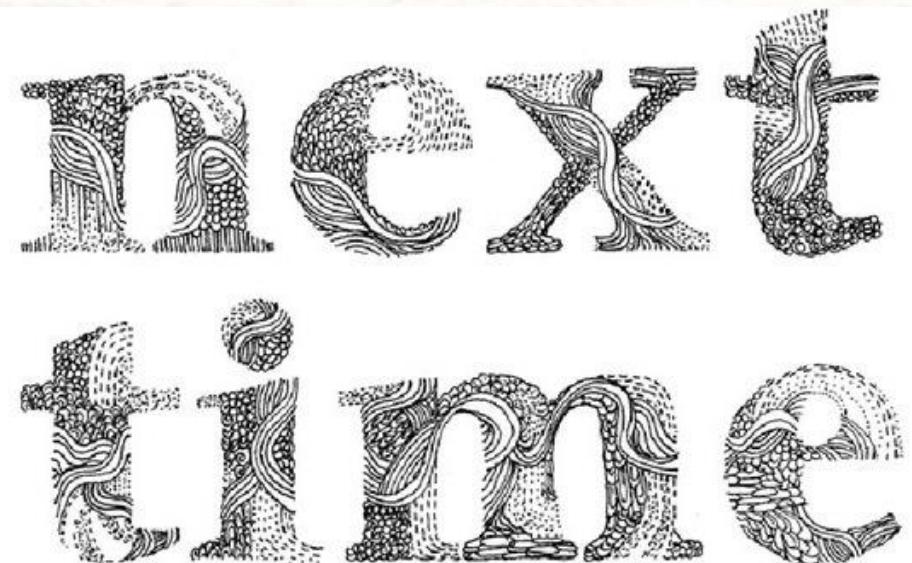


# Why our project is sustainable

- Not only will we give young carers a day off, we also have helped inform people about young carers and why we should help them.

# What we could approve next time.

- If we had stuck to our meeting plans more, and had used our time more effectively.
- Posters for 5-a side made sooner so they could have been displayed quicker and we could have held it earlier.



The word "next" is written in a large, bold, black font. The letters are filled with intricate, wavy, and textured patterns resembling water or waves, giving them a dynamic, flowing appearance. Below it, the word "time" is written in a similar large, bold, black font, also featuring the same wavy, textured patterns. The entire graphic is set against a light beige background.